Closing a new (tight) cam chain

As most of us have experienced new cam chains tend to be quite tight and therefore difficult to close. I asked a friend who has a lathe to make me distance holders as shown in the picture. Using them and tightening down the head with a torque wrench (30 Nm will be sufficient) will help a lot. Alternatively sockets with a couple of washers will do.

Side effect: if you leave it tightened overnight before fixing the cover and final tightening head and cylinder will have set a fair amount.